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The PC Chronicle

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Workshops reduce test anxiety

CORTNEY CRONBERG
News Editor

Close your eyes. Relax. Visualize a peaceful place where taking final exams is less stressful. Yes, this is possible even during finals week with the help of test anxiety workshops being conducted by the Office of Student Support Services.

According to Mary Ann Frenchik, an academic coordinator, these workshops will be conducted during the week of final exams and are designed to teach students relaxation techniques to alleviate stress and anxiety. These workshops are open to all PUC students and are free of charge. No registration is required and students are welcome to attend any session that they choose.

During the sessions, Frenchik said students will be taught how to relax before they take final exams and they will also receive concrete hints on how to study most effectively for finals. At these sessions, relaxing music will be played and students will receive handouts on test taking strategies. Frenchik said that humor plays an important role in helping students to get through final exams, so there will be a handout on exam humor to make students laugh. Students will also receive a card to take with them into final exams with a relaxing visualization technique for students to focus on before taking their exams.

"Being a little nervous before a final exam is completely normal, but these sessions are designed to help students deal with their anxiety," Frenchik said.

According to Michaeline Florek, a counselor for the Office of Student Support Services, the techniques that are taught at these sessions are not only helpful during finals week, but can be helpful throughout the year and in everyday life.

Frenchik said learning how to study properly and effectively can reduce anxiety before a test because you will feel more prepared. She said that cramming before a test is never a good idea.

These sessions were designed for students who are participants in the Office of Student Support Services, but this year the sessions are being offered to all PUC students.

"Students should take the time to come and relax during finals week," Frenchik said.

The first session will be held May 8 in Porter-104 at 10 a.m. The next session will be on May 9 in Gyte-005H at 1p.m. There will also be sessions on May 10 in the SFLC-327 at 3p.m. and May 11 in CLO-138 at 11a.m.

Creative minds have an option

KINTAN D. BRAHMBHATT
Online Editor

Along with the widespread popularity and use of the Internet, the knowledge of computer-graphics software can boost the career of any person. The students now have an opportunity to get professional training and experience on the campus. The manufacturing engineering technologies and supervision department and the information systems and computer programming department are cooperatively introducing a computer graphics technology option within the associate degree program in computer technology.

The faculty members involved in the new program are very hopeful about the success of the program.

"It is pretty exciting to see this program start and see the interest students gain in professional training," David McLees, a CAD coordinator and one of the faculty members involved in the program, said.

"The best part of the program is that there are so many opportunities in the field. The program will boost the careers of the students. Those who complete the option will be prepared for numerous jobs," he added.

Students from various majors and classifications have shown interest in joining the new program.

"I have always been interested in computer graphics and this program will be a great way to learn the things that interest me," Arek Szot, a senior majoring in METS, said.

"Web design and developing computer-aided animations are my hobbies and this option will

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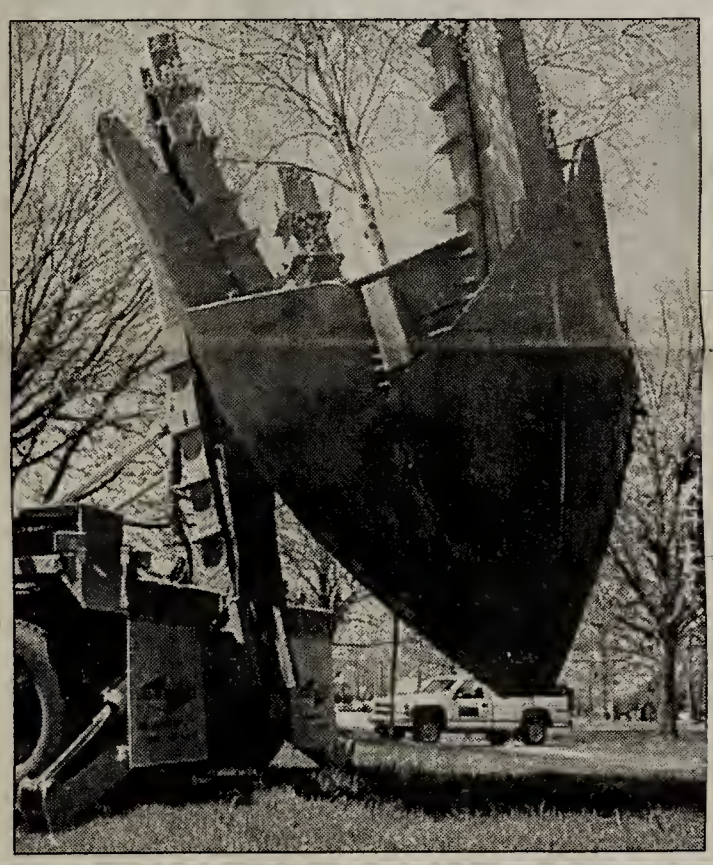
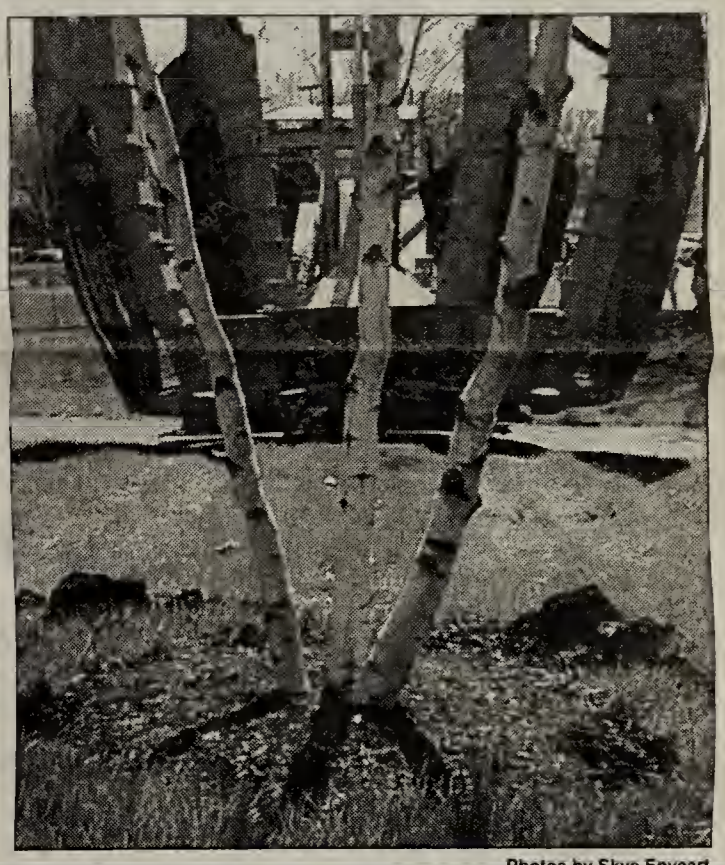
Relocating nature





Photos by Skye Enyeart

A landscaping machine uprooted a birch tree from the front of the SFLC Building last week and relocated it to a new location 50 yards away. The relocation was necessary in the completion of the circular driveway and canopy being worked on. The circular driveway should be completed by early September.

Banquet dishes up awards to honor active students

JOE JUAREZ
Staff Writer

The 27th Annual Student Awards Banquet held many expected and unexpected awards for students and faculty of PUC. Students from each department were honored for their academic achievements and hard work. They had the opportunity to share their excitement with family and friends who were in attendance.

The campus awards were the first awards presented at the banquet. Campus Ministry International was presented the award for Most Active Student Organization.

Other awards included the Outstanding Student Organization, which went to the Criminal Justice Club. Adviser Nicky Ali Jackson was surprised when her students gave her an award for Outstanding Faculty Adviser.

"I was shocked. My students are so wonderful. They have shown a lot of support for me. We are like a family. Everybody supports everybody," Jackson said.

Many award winners recognized their family and close friends as inspiration for their success.

"I couldn't help but think of the people in my life," Joe Robles, one of the honorees in the Who's Who category and a recipient of the Seminar Series Award, said.

"To me, the awards I received belong to God, friends and family. It was such a great opportunity for fellow students to celebrate the achievement of others," Robles added.

For Carmen Torres-Robles, an associate professor of foreign languages, this year's banquet was especially exciting.

One of her students, Jasmina Terzioska, was honored for her achievements in the department of foreign languanges and literatures. Terzioska was selected as the Outstanding Senior in that department. Terzioska participated in the 7th Annual Undergraduate Conference in the department of english and philosophy. Her paper was also chosen to be published in the conference proceedings.

Michelle Peak, the secretary in the Office of Student Leadership Development, was impressed with the turnout and the overall success of the banquet this year.

"I had a lot of fun. It was nice to get to know people outside of work on a personal level," Peak said.

Chris Kosovich, the master of ceremonies, believes that the banquet provided a unique opportunity for outstanding students.

"The awards banquet was a nice opportunity for students to be recognized for their achievements," he said.

"I was impressed to see all of the students who attended the banquet and supported the award winners," Kosovich added.

Student Government Association elections will be held from May 1 to May 4 in the SFLC concourse.

ADMINISTRATIVE UPDATE

Test anxiety workshop again will be offered during finals week

Last month, prior to mid-term exams, we used this space to announce a workshop the Office of Student Support Services was offering to help students deal with test anxiety.

"We didn't have an overflow crowd by any means, but we did feel that we provided help to those students who did attend," Director of Student Support Services Fred Williams said.

So, the Office of SSS is again offering the one-hour, test anxiety workshop during finals week The sessions are free and open to all students. The workshop will be repeated according to the following schedule:

- Monday, May 8 — 10 a.m., PORT 104
- Tuesday, May 9 — 1 p.m., GYTE 005H
- Wednesday, May 10 — 3 p.m., SFLC 327
- Thursday, May 11 — 11 a.m., CLO 138

"We'll emphasize a little more this time relaxation tips that students can apply to relieve final exam stress," said SSS Academic Coordinator Mary Ann Frenchik, who will conduct the workshops with SSS Counselor Michaeline Florek.

10 helpful hints

Of course, students can help relax themselves by being prepared and utilizing common sense approaches to taking exams. Following is a sampling of 10 hints that will be shared at the workshop:

1 Answer the easiest, shortest questions first.

2 In quick answer tests, your first instinct is usually correct.

3 When you are stuck on a difficult question, go to another *question and return to the difficult one(s) later as time permits.*

4 RE: Multiple Choice Tests: Answer each question in your head before looking at the possibilities given. Multiple choice questions are essentially true-false questions arranged in groups.

5 RE: True/False Questions/Statements: Key words such as "only", "always", "never", and "none" typically signify that the answer is FALSE.

6 RE: Open Book Test: Write down formulas you will need. Tape tabs onto important pages or use paper clips. Number your notes, handouts, etc. and make yourself a short table of contents.

7 RE: Short Answer Test: Concentrate on key words and facts. Be brief.

8 RE: Essay Exams: Determine what precisely is being asked and include only relevant information in your answer. If you use too much filler, you may not have time to complete the rest of the questions. To help organize your response, jot down a quick outline that lists all the points you wish to cover. (If you run out of time, the outline may earn you points.)

9 Motivation and mental attitude are important in test taking situations. Motivation can't make up for lack of ability, but can help you make better use of your ability.

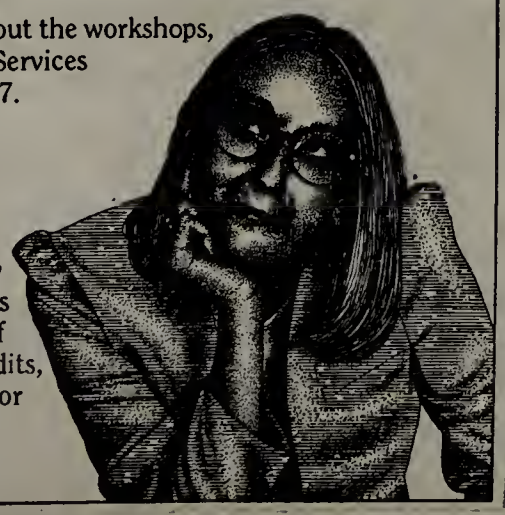
10 When you complete your exam, take time to reread your responses. Look for careless errors, but avoid changing answers, because...See Hint #2.

For additional information about the workshops, check with Student Support Services (SFLC 341-343), PH: 989-2727.

* * * * *

Clarification

Clarifying last week's Administration Update RE: the new fitness management bachelor's degree option...completion of the program requires 129 credits, 64 of which comprise the major courses.



At a glance

around campus

Women in Media class offered

Theresa Carilli, a professor of communication, will be teaching COM/WOST-470 Women in the Media in the fall semester.The class will be taught on Tuesdays from 6:30 to 9:20 p.m. Women in the Media examines and celebrates women who have made a significant contribution to the media. The course will focus specifically on women in film, theater and performance. In addition to responding to reading assignments and leading class discussions, students will conduct special projects. The class can also be taken as a COM-590 class. For more information on the class, contact Carilli at 989-2628.

Chronicle accepting production manager applications

The Chronicle is now accepting applications for production manager. You must turn in a 1,000 word essay describing your qualifications, why you want the position and what you will bring to the paper. A resume and four to six examples of your design ability are also necessary. The deadline is Wednesday, May 3 at 5 p.m. For more information contact Tiffany at 989-2547 or stop by SFLC 344-H.

Writers wanted

If you need a portfolio builder or just like to see your name in the paper, call The Chronicle. The Chronicle, Purdue University Calumet's award-winning newspaper, is seeking new writers to cover campus news and entertainment for the summer and fall semesters. Writing experience is a bonus, but not necessary. Pay is per story. Phone Jason at (219) 989-2547, or fill out an application in SFLC 344H.

Student patrol officers needed

PUC Police Department is looking for students that have at least six credit hours to work as student patrol officers. The officers will be paid $6.50 per hour and work 20 hours per week. The work schedule can be adjusted to fit your class schedule. For more information on the patrol officer's position, call Sgt. Zwier at (219) 989-2222.

Bible study group

Campus Ministry International is holding an Endtime study every Tuesday from 12 p.m. to 12:45 p.m. in SFLC-321 for all who are interested. Other studies offered by CMI are Creation vs. Evolution Wednesdays from 3 p.m. to 3:45 p.m. in SFLC-317 and God's Infallible Word on Thursdays at noon and 3 p.m. in the SGA Senate Chamber. CMI also offers on and off campus Bible studies at arranged times. For more information e-mail CMI at cmipuc@axp.calumet.purdue.edu.

Sorority ad booklet

Sigma Lambda Gamma Sorority invites all Greek and student organizations to place ads about their organizations in the sorority's forthcoming ad booklet. The proceeds will be used to fund a scholarship for one Latina student and one Latino student. For more information, call Jessica at (219) 794-7176 or Veronica at (219) 844-0347 or leave a message in the sorority's mailbox outside of room SFLC-344B.

Scholarship, career assistance funds available

The American Association of University Women Educational Foundation awards $3 million in fellowships and grants each year. Funds are available to graduate scholars, women advancing careers, public school teachers and community activists. Only women are eligible to apply for the 2000-2001 funds, and women of color are strongly encouraged to apply. For more information, visit www.aauw.org/3000/fdnfelgra.html or call (219) 337-1716.

National women's conference

Interested students are invited to attend the National Women's Studies Association Conference to be held June 13-18, 2000, at Simmons College in Boston. This is an extraordinary opportunity to participate in the national professional organization, to contribute to discussions about the current state of women's affairs and to help shape its future. An effort to raise funds to defray students' costs is underway. For more information, contact Colette Morrow, director of women's studies, in CLO-288, at (219) 989-2256 or at morrow@calumet.purdue.edu.

Quote of the week

'Those who stand for nothing fall for anything.'

-Alexander Hamilton
1757-1804

The Chronicle

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POLICE LINE - DO NOT CROSS

PUC police beat
4/17/00 - 4/22/00

Monday, April 17, 6:45 p.m. A student was injured upon leaving a restroom stall on the first floor of the CLO building when the door fell forward striking her on the head. Screws were found missing from the top door hinge. The victim was treated at the police station and a family member took her home.

Monday, April 17, 7:30 p.m. A student felt ill while in class in the CLO building. The victim went to the restroom and vomited. The victim complained of vomiting blood, abdominal pain and loss of consciousness. The victim was transported to the hospital by a Hammond Fire Department ambulance.

Wednesday, April 19, 1:58 p.m. A visiting contractor parked his car in the grass near the Shops and Stores Building and got stuck in the rain-soaked ground. The vehicle had to be pulled out of the mud by a tow truck.

Thursday, April, 20, 9:12 p.m. A staff member reported finding a pornographic picture in a restroom stall in the Potter building. The picture was removed and destroyed.

Saturday, April 22, 3:00 p.m. A staff member reported that she is afraid that her estranged husband might try to have unwanted contact with her while at her job site here on campus. The victim was directed on the process for getting a protective order.

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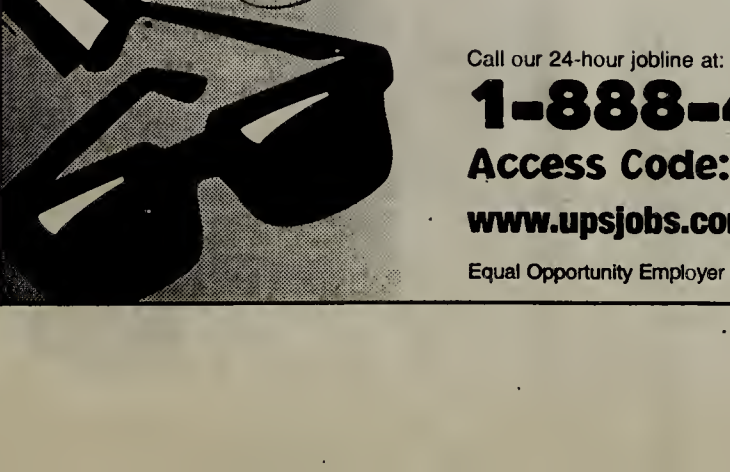

Campus profile:

Counseling Center

JEN BERG
Staff Writer

Around this time of year, the increase in homework can lead to stress. Stress can lead to anxiety. Anxiety can ultimately lead to failure.

Before drop cards are signed or classes are blown off, a walk to the basement of the Gyte Building could cure the mounting pressure.

The Counseling Center is here to help PUC students achieve academic success. They offer career counseling for students who are undecided about their academic major or confused about their career plans and goals.

"If the student is in a major they are unsure of or not sure if they are going in the right direction, they come to us," Deborah Wade, a counselor in the Counseling Center, said.

They also promote an awareness of the relationship between self-knowledge and career choices. The staff helps the students make well-informed career choices and set attainable short-term and long- term goals. Vocational testing and interpretation of these tests are also part of the career counseling process.

The Counseling Center also provides help with personal issues such as: test anxiety, poor time management, procrastination, relationship difficulties, test taking skills and setting goals.

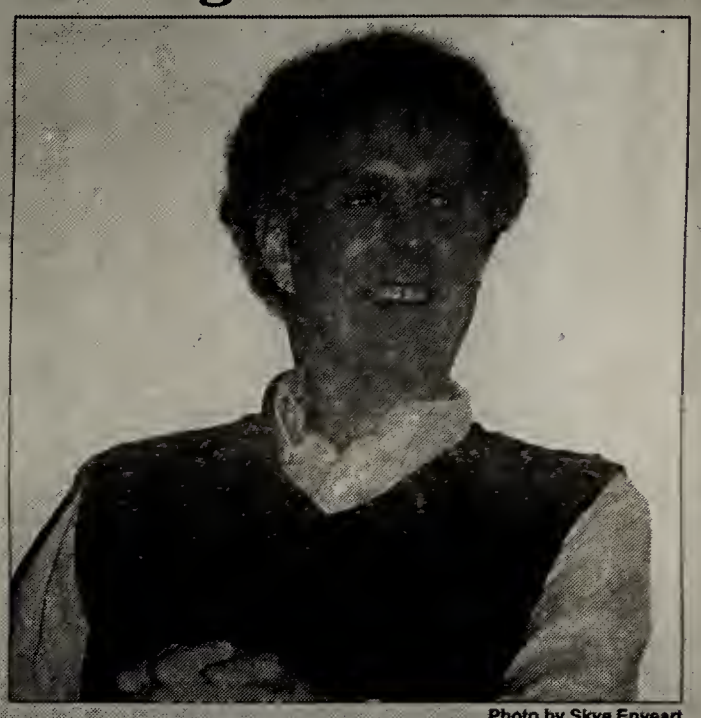

Photo by Skye Enyeart

Larry Crawford, director of the Counseling Center, interacts with many students on a daily basis in order to solve some of their problems.

The main goal of the Counseling Center is to help students overcome these obstacles that are hindering their development and to take responsibility for making future decisions that influences their future.

"We have instructional videos as well as tests to identify the specific problems," Moina Bey, a clerk in the center, said.

Crisis intervention, emergency services and referrals are also provided by the Couseling Center. Students are often confronted with a crisis situation, or may present symptoms or conditions that may involve long-term treatment. The staff is trained to handle these situations jointly with the student in arranging an appropriate referral to an area provider specializing in dealing with crisis sitautions.

Their office located in Gyte-005. Their phone number is 989-2366 and their office hours are Monday and Wednesday through *Friday 8 a.m.to 5 p.m. and* Tuesdays 8 a.m.to 8 p.m.

Counseling Center

Director: Larry Crawford
Location: Gyte-005
Some of the services it provides: *helps with personal issues such* as test anxiety, poor time management and goal setting.
Phone: 989-2366

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Final thoughts

It's that time of the semester once again when finals week rears its ugly head. Finals week is often a time for stress, sleep deprivation and pot after pot of coffee, but it doesn't have to be that way.

Don't procrastinate

There are only so many hours in a day, and only so many days in a week, so once you start running out of time, you can't get it back. The early start you get on studying, the less stress you'll be under because you'll have less to do each day.

Study notes

Especially in classes where the professors test on material they've covered only in lecture, it's important re-read class notes. Be sure to ask for a copy of a classmate's notes if you've missed a class.

Take breaks when studying

After sitting at your desk for a long period of time, you're going to stop retaining information. Take short breaks often, like 15 minutes after a solid hour of studying, to get fresh air, stretch or drink a glass of water or juice. The most important thing to remember about taking breaks is not to get involved in another project that you'll have trouble tearing yourself away from.

Ask for help with material that you have trouble understanding

If you truly don't understand the course material, no amount of studying is going to help. Figure out ahead of time what you're having trouble with so that you can ask your professor about the material, see a tutor or get involved with a study group.

Take care of yourself and don't deprive yourself of sleep

You're not going to stay awake during the test if you've pulled a couple of "all nighters" to get ready for it. Finals week is an easy time to develop poor eating and sleeping habits, which are hard to shed after the tests are over. Remember, caffeine may keep you awake for awhile, but too much of it isn't healthy and will only increase lethargy when it wears off.

Don't neglect other aspects of your life

Finals week is a temporary situation, and when it's over, you'll still have to continue on with your life. Is it important to study hard and put school first, especially during finals? Yes, but it's all about balance. If you neglect work, family and friends, you'll just have to play "catch up" in those areas when your finals are done.

This is a test, it is only a test

It is important to do well in your classes, which means getting good grades on your finals, but there are more important things in life. College is a learning experience, which means taking advantage of the chance to learn about life skills, such as time and stress management. You have to realize that it's all about putting things in perspective.

The Chronicle Editorial Policy

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The Chronicle welcomes reader input. Letters and commentaries must include the author's name, class standing or other affiliation and a telephone number for verification.

All materials submitted to *The Chronicle* become the property of *The Chronicle*. All material must be saved on a 3.5" DOS format disk. *The Chronicle* reserves the right to edit for clarity, accuracy, space and news style. Copy deadline is noon the Monday before publication.

College is the best lesson

LAUREN MATHEWS
Editor in Chief

College is a time for exploration, growth and change.

Knowing this, wanting this, we enter in search of our selves, new freedoms and new opportunities.

The best part of the experience though, is not knowing how these changes will happen to you. Then, looking back, you realize just what has happened.

In January 1997, I saw an ad for writers. So, exploring I went and wound up a staff writer for The Chronicle, one of about six staff members.

Then the changes began.

As the journalism tick worked its way under my skin and I became increasingly possessed with writing, AP style and ethical codes, I also became insanely driven to take on leadership roles.

Then the changes didn't stop.

For a short time, I was news editor and then moved into the managing editor's seat. After that, I moved into the editor in chief's chair where I've spent the last year and a half. I've helped increase the number of staff members to more than 30, learned and then trained people about news style and design, interned in Washington, D.C. and worked for two daily newspapers.

But none of that exploration, no personal growth, can measure up to the amount of change that a person goes through in four years at the most active student organization on this campus. I've seen four production managers, three news editors, three business managers, three managing editors come and go, new positions created, flourish and old positions renewed by people with insurmountable character and energy. We've won awards. We've increased our news coverage. We've fought, and ultimately befriended, the administration.

Only these changes make you grow and teach you that worrying won't make it OK. I learned that the time you spend being upset is better spent finding solutions. That homework comes first. That being humble is the greatest virtue. Late nights at school can be the funnest nights of your life. Piercings don't hurt, tattoos are fun, dancing with The Chronicle gals is a blast.

You learn that raising your fist on one of your greatest friends will change things forever.

Journalism is a riot and conferences are a ball. That PUC administrators will go to the ends of the Earth to help whenever they can. That taking your time and finishing a project yields the best results. That everybody has a story and each one of them is more precious than your own.

Thank you for letting me serve as your editor in chief, thank you PUC for being a great school with great students and supporting us more and more each year. After all this time, I am stepping down as editor in chief. Good luck to Tiffany Amber "T.A" Sanchez as the next editor in chief. The best thing you can do is listen to everybody, even when it makes you late for class and work.

You are all the greatest people. I will never be the same.

But that's what college is all about.

The People speak

Question of the Week: Do you agree with the way the U.S. government handled the Elian Gonzalez situation?

Amanda Lemond
senior, philosophy
"There was a lot of media over a pretty simple custody battle. I think children need to be with their biological parents if possible."

Ryan Michalowski
junior, marketing
" I don't think they should have gone in with fully automatic weapons in a building where no one was harmed at all. That was just ridiculous."

Dan Feerst
freshman, pre-med
'No, I don't agree with it all. He has legitimate family here, he should be protected."

Mariza Quiroga
freshman, business management
"No, they made a big deal about it. They should let him stay where ever he wants to stay. Obviously, he didn't want to go with his dad."

Heather Barton
senior, accounting
"I wish there was a better way to have handled it, but under the circumstances, things have gone on too long."

Art Poplawski
sophomore, communication and psychology
"Yeah, I agree. It is standard policy. It would be unfair for others."

Computers

Continued from page 1

add a professional touch to my hobbies," he added.

McLees thinks this new option can benefit students from all walks of life.

"From multimedia and animation in e-commerce and Internet sites to CAD in engineering and construction, every profession requires an understanding of computer graphics technology," McLees said.

"The course covers the academic and professional training of various top of the range graphics software including Macromedia FLASH and some of the latest Adobe programs," he added.

Out of the 62 credit hours required for the associate degree, the seven core computer graphics technology courses make up 21 credit hours.

Since the option has other courses which can be used as electives towards a baccalaureate degree, the program seems to interest many students.

"Some of the courses like the English and Economics will also count towards my bachelor's degree, and that is what motivates me to pursue this option. I will definitely see my adviser to discuss this option," Teresa Arroyo, a sophomore majoring in accounting, said.

The associate degree can also count for the first two years towards a four-year degree.

"Students may opt to broaden and enhance their expertise and skills by continuing their schooling in a related bachelor degree program in any other college," McLees said.

"The courses are designed in such a way that they are can be used for the four year degree course at West Lafayette campus," he added.

For more information on the option, contact McLees at 989-2526, or by e-mail at mclees@calumet.purdue.edu.

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A message from the PUC Police Department

STEPHEN CHADDOCK
Special to the Chronicle

Spring is here once again and with it comes the possibility of severe weather. With this in mind, the PUC Police Department would like to remind everyone that PUC has a tornado warning procedure designed to inform as many people as possible when a tornado warning is in effect for our area. Remember that a tornado watch means that conditions exist for a tornado to develop in our local area and a tornado warning means a tornado has been sighted locally and poses a potential threat to our campus.

In the event a tornado warning is in effect, occupants inside and outside campus buildings will be instructed by the Emergency Notification System or a university representative to seek the nearest "Tornado Shelter Area." A "Tornado Shelter Area" has been designated in each campus building, which has been identified as the safest location on the ground floor, and away from the windows and doorways. All occupants should remain in the shelter area until an "all clear" notice is given via the Emergency Notification System or a university representative.

We are asking everyone to take notice and read the tornado warning procedures that are being prominently displayed throughout the campus that lists the procedure to follow and identifies each building's "Tornado Shelter Area."

PUC Police Chief Stephen Chaddock

New Option

Associate of Science Degree Program Computer Technology

Computer Graphics Technology Option

The New Option Program begins in the Fall 2000 Semester

The Computer Graphics Technology program is offered cooperatively through the academic Departments of Manufacturing Engineering Technologies & Supervision and Information Systems & Computer Programming. The program is designed to prepare students for employment as graphics technicians. Students work in computer labs developing their graphics skills, techniques, concepts, and management ability through individual and team-based projects.

A Graphics Technician can expect:

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- technical manuals
- multimedia products
- technical illustrations
- engineering drawings

Employment as:
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- graphic designers
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- multimedia producers
- CAD drafters/operators

For more information call (219)989-2526 or visit the program web site.

www.calumet.purdue.edu/public/mets/cgt

Taste of Italy

■ **Cafe Borgia features authentic Northern Italian cuisine just 15 minutes away in Lansing, Ill.**

RICK PEREGOY
Staff Writer

Imagine a cozy Italian villa with walls adorned with tastefully decorative seascapes. Beethoven's "Ode to Joy" sublimely plays overhead. The delicious cuisine leaves satisfaction on the palate, and a smile on the face.

Head chef Mike Jesso and hostess Karen Jesso opened Café Borgia on Thanksgiving Day of 1986, based on the philosophy that "the customer is king." Like fine wine, things have only gotten better with age, but the philosophy remains true. The Lansing-based eatery, which specializes in

Northern Italian Cuisine seats up to 50 patrons in its front section and an additional 25 in the section reserved as a non-smoking area. Café Borgia also offers an outdoor patio dining area.

Daily specials change on a weekly basis. Some of the entrées include, but are not limited to, pasta with puttanesca (cherry tomatoes, white wine, capers and garlic) and shrimp for $10.95.

I opted for the grilled ostrich with red wine rosemary sauce. I have personally never tried ostrich, so I had no idea what was in store. Ten minutes later it was served with two side orders, red cabbage and orzo pasta with red and green peppers, yellow tomatoes, artichokes and onions. While some may think Café Borgia to be a bit pricey, ($18 for the Ostrich and $6.25 for a glass of Cambiaso Saniovese) they are quite comparable to many fancy downtown restaurants and actually less expensive.

Pizza with ground veal, spinach and smoked mozzarella is a full meal for one. It is only $5.95.

Mike Jesso, the friendly and approachable owner of this restaurant, explained how he started in the industry by attending Joliet Junior College where he studied in the field of culinary arts. He then gained experience by working in some of Chicago's best restaurants.

"Some of the recipes are traditional and others are ones that I've come up with over the years," he said.

The owners seem proud to give people the grand tour of the orderly and spotless restaurant.

"The health inspector says we're one of the cleanest establishments on his route," Mike Jesso said.

However, parking may be a problem at times.

"The print shop across the street lets our customers park there at night, and the funeral home two doors down also lets our customers use their parking lot. There are a lot of nearby residential parking areas as well," he added.

The service is enjoyable, the food is excellent and the people are kind and inviting. It is located at 17923 Torrence Ave. in Lansing, Ill. Catering is available. Call (708) 474-5515 for more information or visit their Web site at www.Cafeborgia.com.

Name	Cafe Borgia
Cuisine	Northern Italian
Rating	9 of 10

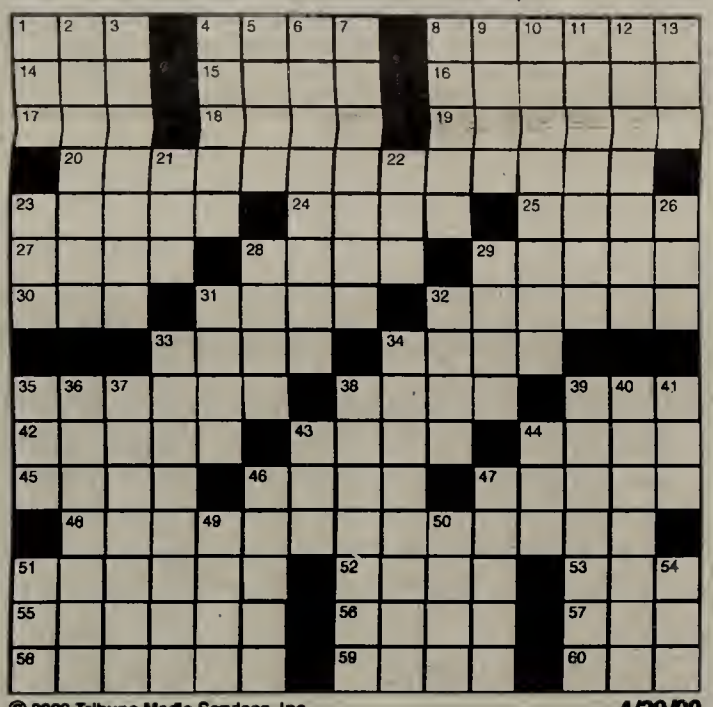
If you go:

Cafe Borgia is open seven days a week for lunch and dinner
Sunday - Thursday: 11 a.m. to 11 p.m.
Friday and Saturday: 11 a.m. to midnight

Crossword

ACROSS
1 Easy as __
4 Mr. Bartok
8 Groom-to-be
14 Surprising word
15 Greek Cupid
16 Remove shrink wrap
17 & more
18 Lips
19 Ski
20 Triples
23 Apportion
24 Added years
25 Tidal situation
27 Hammerhead
28 Skye hillside
29 Wait on
30 Historic period
31 Dench of "Shakespeare in Love"
32 College in Poughkeepsie
33 Gandhi's garb
34 Enclosures
35 Like private school fashions
38 Easily imposed upon
39 Reddish-brown horse
42 Congregation separator
43 Actress Teri
44 Sleeper spy
45 Misplace
46 Homeless child
47 Dirties
48 Stetsons
51 "Messiah" composer
52 Donkey's call
53 Put on the feed bag
55 Harmony
56 Muscular stiffness
57 Collar
58 Sound system
59 Equipment
60 Sphere

DOWN
1 Writer Burrows
2 Drink packager
3 Inner-ear spiral
4 French topper
5 Great Lake
6 Ernie or Vince
7 Javelin
8 Melted together
9 Partial foot
10 Lack of color
11 Plants without stamens or pistils
12 Kind of melon
13 Loop loopers
21 Actor Silver
22 Visualize
23 Bonzo or Clyde of the movies
26 Part of rpm
28 Inter
29 Dropped
31 Quip
32 Swerve
33 Grandeur
34 By necessity
35 "__ Joey"
36 Mob violence counter-measure
37 Pith
38 Letter-carrier's tote
39 Olympic skater Brian
40 Nothing but headliners
41 Nodding response
43 Guy's honey
44 Large, extinct bird
46 Ralph __ Emerson
47 More of a wallflower
49 Richard of "The Gigolo"
50 Okinawa city
51 Holds
54 Diminish



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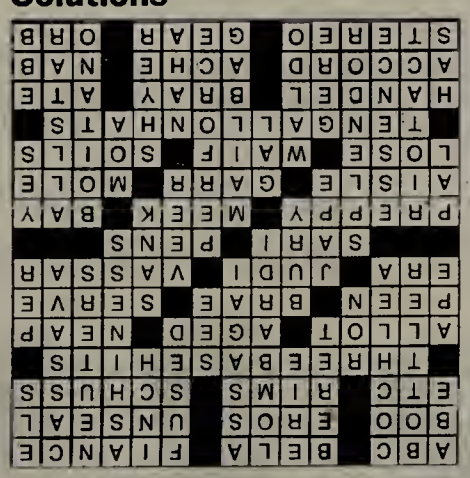
4/29/00

Solutions



Preparation key to planning summer trips

KEVIN PLEBANSKI
Staff Writer

Today's college students seem like they are no longer just going to school while mom and dad hand them all the cash their heart desires. Students have part time jobs and other responsibilities. It is not so easy to simply hop in the car and take off to wherever, whenever at any spontaneous moment. Preparation is the key to planning summer trips. Reservations, saving money and charting courses are all important in the process. It sometimes seems more of a burden than recreational to travel, but it doesn't have to be.

Various hotels, airline companies, rent-a-car companies and other services are all starting to see the dramatic increase in time and expense to travel. New Web sites such as Cybertrip.com and Travelcity.com do their best to see to it that all traveling needs are met at reasonable prices. They map out routes, secure hotel reservations and even recommend restaurants. Roomsaver.com, the world's largest site to find discount coupons for hotels, motels and resorts, can find information for travel to 38 different states.

The few lucky souls around campus who are actually traveling this summer have specific reasons for their excursions. PUC sophomore Nicole Nemeth will be making her first trip to Canada for a friend's wedding. Junior Courtney Ellmin will be heading down to Savannah, Georgia and Charleston, North Carolina to visit family.

Sophomore David Wilken will be camping out with some friends at Brown County's Turkey Run, just for the fun of it. Junior Nate Foor will be heading to Canada for a week of fishing and casino gambling with a group of friends since high school.

"This will be my fourth year doing this," Foor said. "We've always had a good time."

If you're broke, you can stay in the Region and enjoy some if its fine summer events, such as Hammond's annual Augustfest and Chicago's Taste of Chicago.

Even if you don't have any big plans for the summer yet, there's still plenty of time to find a few exciting places to visit.

For Information

CyberTrip.com
Links to sites for planning a vacation
eGo Travel (ego.net)
Extensive collection of travel links and information
TravelSource.com
Guide to adventure vacations
TravelCity.com
Directory of lodgings, tours, guides, tips and more
Shoestring Travel (straipub.net)
E-magazine for small budget trips

Horoscopes

For the week of May 1

Aries (March 21-April 19). On Monday find an excellent deal on a household item. On Tuesday and Wednesday you and somebody you love should discuss serious topics and make some big decisions. Thursday and Friday are your busiest workdays this week, so schedule accordingly.

Taurus (April 20-May 20). On Monday catch up on your reading. Choose wisely on Tuesday and Wednesday. Life could look a lot easier on Thursday and Friday. Put off making a big deal until Friday, it'll probably go more in your favor.

Gemini (May 21-June 21). You might have a heavy feeling this week. That's because you're tackling some tough jobs. Monday will be better than most for budgeting. If you need to go back to school, think about it from Tuesday through Thursday and sign up on Friday.

Cancer (June 22-July 22). You and your friends do some heavy-duty bonding this week. You emerge as a natural leader on Monday. Be careful with your money on Tuesday and Wednesday. Keep it in your pocket. You'll figure out what was really going on by Thursday and Friday.

Leo (July 23-Aug. 22). Finish up last week's business on Monday. You're strong and opinionated on Tuesday and Wednesday. Spend the weekend with your true love and friends. If you don't have the former, the latter may be able to provide one for you.

Virgo (Aug. 23-Sept. 22). Higher education, travel and philosophy are still major focal points. Friends can help you achieve your goals on Monday, so let them know what you want. Things could get kind of jammed up on Tuesday and Wednesday. You could find a bargain or a better job over the weekend.

Libra (Sept. 23-Oct. 23). Are you a wise investor? Study this week, and you could be one. Listen to an older person on Monday but make your own decisions. A group will be helpful on Tuesday and Wednesday, but they may not know it all, either. This weekend should be good for romance — Sunday especially.

Scorpio (Oct. 24-Nov. 21). You should be able to see the big picture on Monday. Work with a partner, and money will come your way. Getting anything accomplished on Tuesday and Wednesday may be difficult.

Sagittarius (Nov. 22-Dec. 21). You're still busy this week. You may have to invest on Monday, but you may be able to get help from a backer then, too. Pack a lunch on Tuesday and Wednesday; you won't have time to go out.

Capricorn (Dec. 22-Jan. 19). Love's your main theme again this week. Form a partnership — the forever kind — on Monday. Expect some complications on Thursday, but things start moving again on Friday.

Aquarius (Jan. 20-Feb 18). You want to pay attention to something at home this week. On Monday you'll work to fix up your place. You and your partner may have to agree to disagree on Tuesday and Wednesday.

Pisces (Feb. 19-March 20). Education's your theme again this week. You may be in a romantic frame of mind on Monday, though.

listen up class of 2000!

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- Forbes Magazine

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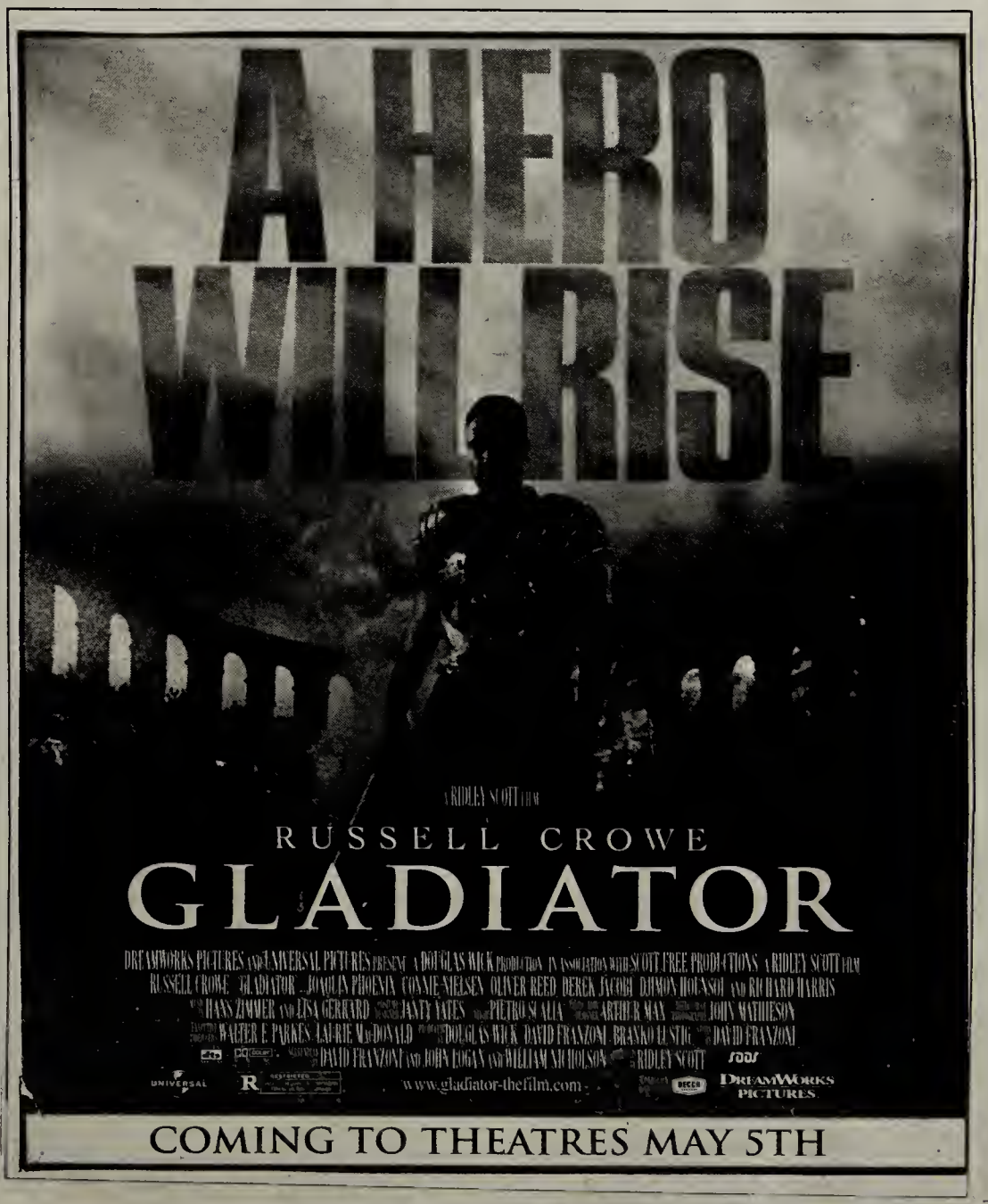

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Grantz rantz

But I don't play basketball

BOB GRANTZ
Sports Editor

Here at PUC, the only sport is basketball. This is even more true now that the women's volleyball team is gone.

Why is that I wonder? I mean Purdue Lafayette has a ton of sports to play. We are, after all, the same university. Right?

We are down to just two sports, leaving many of the students who are interested in athletics with nothing.

I'll be the first one to admit it, I am horrible at basketball. When playing horse, I am generally the first one out. Just because I can't play basketball does not mean there aren't other sports that I am good at. A lot of other people are the same way.

Unfortunately that leaves us sport-less.

There are community colleges around the area that have more athletic options than we do. PUC, an actual university, has fewer sports than South Suburban, a community college. That is pretty sad if you ask me.

People on campus complain that they feel like PUC is a community college. I disagree, there is less to do here than at most community colleges.

Why is it that we only have two sports you ask? I did a little inquiring myself and found out it was due in part to the results of three or four surveys that were taken. These surveys showed that there was little or no interest in any sports besides basketball. These surveys were also conducted by the university administration and organizations, not the department of fitness, wellness and sports. Surveys like this should be left up to the fitness, wellness and sports rather than the university administration.

We know how well some surveys around here are held, so I am sure these results are right on the money. Sure they are, right on the money, yeah.

Nobody asked me, nor did they ask anyone I know. These results can not possibly be right, not all demographics were taken into consideration. From these results, it looks like the only demographics considered were women over the age of 65 that don't even attend this school.

Another excuse I have heard for our lack of athletic teams is due to funding. Funding had to be cut from the athletic program for other things.

I checked into that as well. There has been no recorded accounting for these extra funds. No explanation has been given for what is being done with this money.

I had a more diverse athletic program than this at my high school. I say we organize a couple more teams around here.

It's not like we wouldn't have anyone to play. There are plenty of colleges nearby, like St. Joseph's for example. They have baseball and softball teams. Why not start up a Laker baseball and softball program? We definitely need something more. I always hear people complain about this campus not feeling like a real college. Instituting more athletics could be the starting place for making this feel like a real university for some people.

Any questions or comments? Contact Bob Grantz at grantzrj@axp.calumet.purdue.edu.

Hayes looks ahead

■ Changes in the works for the Lakers under new Head Coach Gary Hayes

BOB GRANTZ
Sports Editor

Next season will be a time of new beginnings for the PUC men's basketball team, the Lakers. The head coaching position left vacant by the retirement of Coach Liddle has been filled by Coach Gary Hayes.

Hayes, former head coach of the Lady Lakers, is planning to make some changes to the men's basketball program.

"First and foremost I want to intensify the recruitment program. I'm going to try to increase the numbers. We want to be able to go to the bench more," he said.

Hayes has a group of recruits that he is looking into right now. One of the most important aspects of recruiting is size. There are a couple of guys in this group that are more than 6 feet 6 inches tall. Unlike last year, Bob Delano was the only big guy on the Laker squad. Next year looks to have more vertically-enhanced players.

According to Hayes, once the players get into the program, they will be in for a rigorous pre-season training schedule.

"I want the guys to be working out a lot, getting ready for the season. They have already started on a workout program to get them prepared. We are going to evaluate playing skills through open gyms twice a week during the summer. The guys need to keep up their play that way they are prepared to go when the season comes around. I'm also looking into getting in a North Park league twice a week over the summer as well," Hayes said.

Hayes, along with his big pre-season plans, has strong goals for the next season. The coach looks to be in contention for a conference title right away. He sees winning the conference as a strong possibility with the returning talent and the new talent coming in.

John Friend, director of fitness wellness and sports, also shares the positive outlook on the future of the men's basketball program.

"I think they will be aggressive. There are seven or eight guys coming back from last year plus we will have the new recruits. We should have somewhere between 17 or 18 guys on the team, so we'll have good depth. Coach Hayes focuses on defense, so this will be a strong defensive team. It also looks like the inside positions will be stronger as well. I'm real positive about this coming season," Friend said.

Fan support is also an integral part of Hayes' plans.

Hayes said that towards the end of last season, the fans really got behind the team. The noise of the crowd caused opposing teams to lose their cool and make dumb mistakes. Hayes wants that to work for the team again this year.

Hayes wants the gym to be a place where victory is almost certain.

"I want other teams to be afraid to come here to play. We need a strong home court advantage. I want us to have one of the highest home court winning percentages of any of the teams around. Anyone who can, should come and watch games. We definitely need the fans behind us, it helps gain an advantage on the visiting team," Hayes

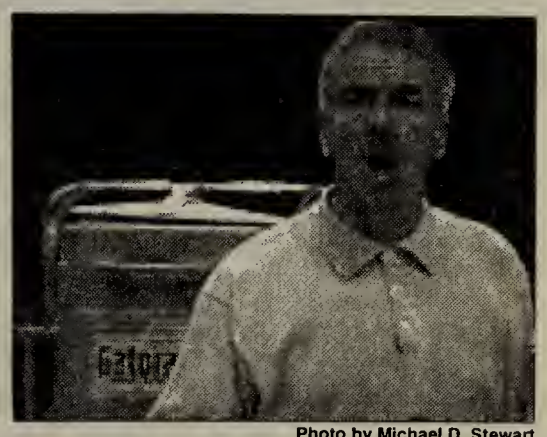

Photo by Michael D. Stewart

Head Coach Gary Hayes looks ahead to the 2000-2001 Laker basketball season after collecting 127 wins and 66 loses during seven seasons as head coach of the Lady Lakers.

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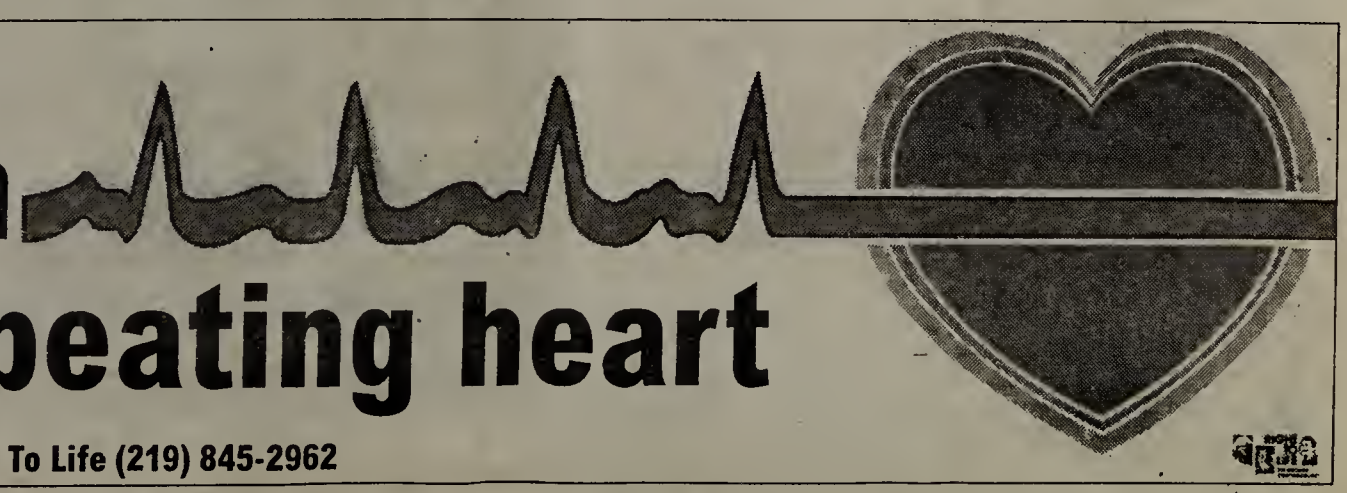
Abortion stops a beating heart



Lake County Right To Life (219) 845-2962